

DAILY ACTIVITY BLOCKS

HELP

CREATE

COOK

MOVE

LEARN

BUILD

DAILY SCHEDULE

TIME

ACTIVITY

HELP

MOVE

CREATE

LEARN

COOK

BUILD

DAILY ACTIVITY BLOCKS

HELP

Water / repot plants
Help clean spice drawer
Help update gallery wall photos
Replace batteries in toys
Give dirty toys a bath
Choose toys to donate (for 1 new)
Sort & organize one type of toy
Empty trash cans around the house
Put dirty clothes in washer/dryer
Pick out clothes for next day
Help load/empty dishwasher

COOK

Yogurt + fruit popsicles
Banana bread/muffins
Dinner prep
Help prep/assemble a freezer meal
Make pancakes/waffles
Prep overnight oats

LEARN

Read
Puzzle hunt
Play a game
Do a puzzle (regular or sticker)
Activity book/worksheets
Podcast story/lesson
Talking pen books
Educational show/game

CREATE

Water colors
Play-doh or Kinetic sand
Rainbow beans
Play foam
Sidewalk chalk
Handprint baby chicks
Stained glass Easter eggs
Thumb print monsters
Decorate Easter eggs
Cardboard road

MOVE

Neighborhood scavenger hunt
Sledding / Nature walk
Bike / Scooter
Toddler Tabata workout
Climbing structure
Simon Says / Hide + Seek / Tag
Balloon + fly swatter game
Scooter boards
Obstacle course
Dance party

BUILD

Magnatiles
LEGOs & Duplos
Wood blocks
Pom pom ramp
Fort
Cardboard box creation
Cardboard road/city

DAILY SCHEDULE

TIME

ACTIVITY

"No Nap" activity

HELP

Gallery wall photos

AM — Rob
PM — Elle

MOVE

Smith Rock exploration
Neighborhood walk + park

Before nap

CREATE

Water colors

AM — 30 mins
PM — 30 mins

LEARN

PBS show

COOK

PM — Before & after dinner

BUILD

Cardboard road/city